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Are parents of children with special needs able to access support or often cut off socially, stigmatised, driven to brink?

YOU'RE NOT ALONE

Support centres limited to tier 1 cities

| Melvin Mathew
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

Recently, a mother, who's a dentist, hurled her specially abled four-year-old from the balcony, and tried to end her own life thereafter. The child did not survive the fall.

Now this sparked the much critical conversation around support systems available for parents of children with special needs.

The support system does exist — it's either failing to reach the parents or parents are not reaching out, said experts. Parenting a child with special needs could be exhausting. Oftentimes, young parents can be left in the lurch when a child is diagnosed with a disability. In the aforementioned case, the child had a learning disability and was suffering from speech development issues.

"The mother required counselling. People reaching out for mental health help are shunned by society — Major General (retired) Suresh Krishnan, Autism Society of India

Not-for-profit organisations in Bengaluru have been working towards creating awareness and helping in better parenting of specially abled children. NGO representatives said there is no dearth of support systems but parents living even in big cities do not reach out due to stigma.

"Parents often lack a support system in their community. The act shows the desperation of the mother; it stems from being unable to reach out — physically and mentally. Three years ago, a similar incident occurred

CONTINUED ON PAGE 10 »

PAGE 4

VERY WELL

Experts say mandatory borewell registration can save groundwater

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3 THINGS TO DO

01 Shades of freedom

To celebrate the spirit of patriotism, Magnitude Gallery is exhibiting several interesting and vibrant set of original paintings under the theme, 'Freedom Celebrations'. The painting titled 'Gateway to Freedom' has the majestic India Gate, which is situated in the heart of Delhi. There is also a series on Ganeshas with vibrant hues.
Where: Magnitude Gallery, 3rd Block, Jayanagar
When: Till Aug 15; Call: 9900117201

02 Dance X Freedom

Jagath Maaanyam is a mega dance drama which represents the contribution and historic patriotism of the great freedom fighter Alluri Sitarama Raju. Forty dancers will present this narrative in a dance drama with a blend of tribal, folk, Kuchipudi and modern dance styles. Sri Rajarajeshwari Kala Niketha aims to throw light on the life and sacrifices of this unsung hero. Conceptualised, choreographed and directed by Dr Veena Murthy Vijay, Mitun Sham will be essaying the role of Alluri Sitarama Raju and Sangeeta Phanish will play the role of Sita.
Where: Chowdiah Memorial Hall, Vylikaval
When: Aug 17, 6.45 PM onwards
Contact: 9741350377

03 Laugh till you drop

Catch a funny yet profound take on the world by attending Beg, Borrow, Aliya – a Kannada comedy play staged by Pravara Theatre. Based on the philosophy of Vasudhaiva Kutumbakam (the world is one family), the play is directed by Hanu Ramasanjeeva. **Where: Kalagrama Samskrutika Samucchaya, Near Ambedkar College**
When: Aug 15, 6 pm

In spirit of freedom, go for eco-friendly balloons

Environmentalists in B'luru caution against use of non-biodegradable balloons in bulk quantities and irresponsible methods of segregating them

Melvin Mathew
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@timesgroup.com
TWEETS @BangaloreMirror

School students, police, and KSRP personnel rehearse for I-Day, at Manekshaw Parade Ground

Celebrations like Independence Day call for the usage of a large number of tricolour-themed decorations to be displayed. With the 75th I-Day just a countdown away, city environmentalists -- anticipating the generation of huge quantities of single-use items -- are cautioning Bengalureans against plastic-based waste and encouraging them to choose environment-friendly mediums.

Environmentalists are asking for the usage of eco-friendly decorations especially balloons in huge quantities.

"Whenever there is a function or store inauguration, you can see an arch made of balloons itself. In carefully segregated waste, it should go into rejected waste but the disposal is often not done correctly. The little shreds of balloons turn into non-recoverable waste. In most areas, such waste is collected alongside leaf litter. Such waste that remains unrecoverable penetrates the soil," said Odette Katrak of Beautiful Bengaluru.

Experts highlight that balloons need to be portrayed as non-environment-friendly and suggest the usage of alternatives.

Katrak added that cloth-based or paper-based decorations are largely reusable and does not contribute to unrecoverable waste. "Cloth-based streamers are made from scrap cloth. We connected with tailors in the area to collect scrap material to be upcycled into decorations," she added. However, environmentalists note that hardly anyone is actively working on producing these decorations in bulk quantities to be provided as an alternative.

While the traditional balloons are made of latex, there are plastic-based balloons as well. The plastic balloons may remain in the environment in comparison to latex balloons and may not even degrade fully.

"The impact is the same as any other plastic and is filled with gases such as helium, they also obstruct the aviary birds. Considering that these are single-use plastic, it also comes under the purview of the plastic ban. Most of these balloons are non-recyclable plastic and end up in landfills," said Ram Prasad, city-based waste management expert.

> **"In carefully segregated waste, it should go into rejected waste but the disposal is often not done correctly**
> – Odette Katrak of Beautiful Bengaluru

The challenge involves finding an exact alternative to balloons. "Currently, there is no alternative to balloons and if even eco-friendly plastic is used for the purpose, they might not be feasible. Even the tiny pieces of latex-based balloons are non-recoverable waste and prove unrecyclable," said Prasad.

On a pilot basis, a Bengaluru apartment ventured into these eco-friendly decorations for Independence Day last year and has seen some success.

"We are a community of 250 apartments. We have rejected balloons for many years now, Last year, we engaged in an activity involving apartment children making pinwheels and decorations. Previously, we used to use plastic flags and have shifted to paper flags with wooden sticks. For all our celebrations, we avoid disposable cutlery and plates," said Seema Sharma from Mantri Espana in Bellandur.

VK-BM launch organ donation campaign

SRIDHAR KS

Chief Minister Basavaraj Bommai and Health Minister Dr K Sudhakar on Saturday launched the organ donation campaign. During this special campaign organised by Vijay Karnataka and Bangalore Mirror in association with the Health Department, Bommai and Sudhakar unveiled the campaign logo on the steps of Vidhana Soudha.

The reason for this campaign was attributed to organ donation which had taken a hit in the last two years due to Covid. With restrictions easing, it has picked up again, However, numbers are abysmally low, and currently, organs donated is merely 0.8 per cent of one million deceased people.

CM Bommai and Health Minister K Sudhakar (centre) launched the campaign at Vidhana Soudha

During this week-long campaign, various activities will be conducted by VK and BM to create awareness on organ donation. People can register to pledge their organs. Both the CM and Health Minister have already signed up for the pledge.

> **In this week-long campaign, various activities will be conducted by VK and BM to create awareness on organ donation**

The reason for creating awareness is that there is a long waiting list for receiving organs. Statistics say that 4,354 patients with chronic kidney diseases are waiting for donors in the state.

The first day of the campaign got an excellent response as around 2,500 people have registered for organ donation. The Health Department is also taking up programmes to create awareness on organ donation and a number of programmes were held on Saturday. **— BMB**

Friend request? Beware, it could be a bitcoin scam

Cybercriminals dupe woman of Rs 40,000 after she invested in bitcoin app in bid to gain profit in lakhs

Bellie.Thomas
@timesgroup.com
TWEETS @Bellie_MIRROR

Cybercrime police say that there's a new bitcoin (BTC) scam going viral that preys on people using Instagram and other social media platforms.

A user gets a friend request from a known friend which would be a fake account. Once the user accepted the request, cybercrooks would start a conversation saying they have made profits through bitcoin trading. If the user reciprocated, he/she would be asked to start investing money, and in no time, all the BTCs would be withdrawn from the user's wallet.

A 26-year-old woman techie is the latest victim. On July 29, the techie, a resident of Electronics City received a friend request from an old friend which she did not know was a fake account. The cybercrook started to talk to her, saying if she was interested, she could give it a try by starting to invest small amounts.

She was then tutored on how to use the Binance App and asked to invest Rs 15,000 for which, the

promised returns through Bitcoins was worth Rs 1.8 lakh which would be transferred to her online wallet. After investing Rs 15,000, the victim also got an alert via Binance app that her Bitcoin account was credited with Rs 1.8 lakh worth of BTCs, but to get it converted and credited into her bank account, she had to pay up another Rs 25,000 which she did, but it did not happen.

When the victim checked with the criminal, she was asked to deposit money again. By then, the victim suspected foul play. She then approached with the Southeast CEN police station and filed a complaint.

Based on her complaint, the cops have registered an FIR booking the unknown accused under sections of 66-C and 66-D of the Information Technology Act.

"As the amount is invested directly through these apps which have encrypted accounts, it is very difficult to trace the encrypted account to which it is siphoned and freezing those bank accounts is a challenge for investigating officials," a senior police officer from Southeast CEN police station said.

1 arrested in bizman extortion crime

A day after BM reported about the 73-year-old businessman who was extorted of nearly Rs 15 lakh by at least four people including two women, the Halasuru Gate police arrested a 24-year-old man identified as Yuvaraj from Chikkamagaluru.

According to the police, the women alleged that they were not involved in the case as the accused was using one of the women Ankita's (name changed) smartphone and her SIM card. However, Ankita's involvement is yet to be ascertained, the police source said.

An officer told BM that it was Yuvaraj who sent a text message from Ankita's phone stating Nidhi, the other woman accused, was waiting on Hosur Road on August 3. The police will now decide their involvement in the case. They believe Nidhi was a cooked-up character, said the investigating officer.

Yuvaraj has been remanded to judicial custody. The recovery of the extorted money is still being processed, the police added. **– BMB**

Techie falls prey to KYC fraud

A Bengaluru-based software engineer was the recent victim of a KYC scam after the investigation team of ICICI bank where he had an account, told him that a loan of Rs 5 lakh that had been taken in his name by fraudsters using his Know-Your-Customer (KYC) details including Aadhaar and PAN card details. This happened on August 8.

When Ramesh (name changed) explained that he had not taken any such loan, bank officials said they would try to resolve the issue. The team members, including an ICICI bank staffer from the Fraud Investigating Cell identified as Sunita Dey also requested him to check with CIBIL if any other loans have been taken by fraudsters with any other banks or financial institutions.

After Ramesh checked his CIBIL score, he was shocked that there were loans taken in his name for more than Rs 23 lakh with Axis Bank, Yes Bank, and Hero Fin Corp.

The resident of Arekere near Mico Layout, approached the Southeast CEN police station and filed a complaint. "Though my phone is linked to my Aadhar card and PAN card, there was no OTP or any kind of notification that came to my phone, and the fraudsters had cheated by giving a different phone number and a different address in Kolkata," Ramesh told Bangalore Mirror.

Based on his complaint, the Southeast CEN police have registered a case and are on the look-

Victim realised there were loans in his name for more than Rs 23 lakh with Axis Bank, Yes Bank, and Hero Fin Corp

out for the cybercrook/s who is on the run after availing personal loans.

The Fraud Investigation team of the bank along with the cybercrime police are now trying to ascertain as to how the accused has been operating and managed to avail personal loans using other's KYC details. The police are trying to track down the accused in Kolkata using the transaction details.

— Bellie Thomas

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Low application rate bores into water levels

Some environmentalists think mandatory borewell registration can save groundwater

Garima Prasher
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TWEETS @BangaloreMIRROR

The Karnataka Groundwater Authority (KGWA) received only 78 applications from Bengaluru over one year to register old borewells. Out of these applications received between September 2021 and July 2022, 37 were granted a no-objection certificate (NOC), seven were rejected, and 34 are under review.

This was after a public notice was issued by the Central groundwater authority (CGWA) in September last year for residents and commercial establishments to register their old borewells. The notice says that all groundwater users are required to take permission for groundwater withdrawal from CGWA.

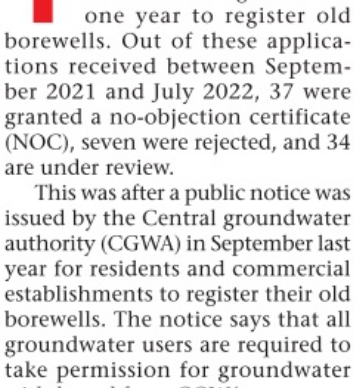
The last date for submission of a complete application to obtain NOC for existing borewells was extended from June 30 to September 30, 2022 – failure to do which will be treated as illegal abstraction and garner strict penal action.

According to KGWA sources, since water is a state matter, CGWA rules do not apply to Karnataka.

"Not every borewell has to be registered. Only borewells located in certain areas need it. Moreover, those drilling new borewells have to obtain permission first. KGWA might soon come up with its notification on the issue," said the source.

Experts say 78 applications is a low figure looking at the number of borewells in the city. The Karnataka Groundwater Act, 2011 already calls for a declaration of existing borewells and tubewells and mandates registration before digging any new borewells.

"With the current rate of depletion of the groundwater, KGWA should make borewell registrations mandatory and issue a notice on the lines of CGWA. This will help them track groundwater exploitation and will also help in devising strategies for recharge," said a city-based environmentalist.


Bangalore Mirror

Concrete jungles speed water table depletion

With rapid concretisation, negligence of city lakes, groundwater levels are dipping

BM's report on Aug 12 spoke of rapid urbanisation leading to more borewells in the city

A borewell being dug at Yelahanka Main Road; drilling new borewells require prior permission from KGWA

Technical snags creating hurdles

Groundwater reserves in Bengaluru Urban and Rural have been over-exploited. According to the Karnataka Groundwater Act, 2011 and Rules, 2012, the maximum amount of water that can be extracted from a borewell in these areas is 50 per cent of the recharge potential.

The agriculture sector and individual households are exempted from obtaining a NOC for groundwater withdrawal, but it is mandatory for apartment complexes with more than four levels.

"Recharge potential of an area is calculated by measuring the total rainfall and taking into account factors such as rooftop area.

Any apartment complex, which is considered a business establishment, can withdraw groundwater up to 50 per cent of that recharge capacity," a KGWA official informed.

KGWA officials also said that the NOC obtained is not a one-time process and should be renewed periodically. In the case of Bengaluru, it has to be renewed every two years.

Groundwater extraction charges commercial establishments have been paying to the BWSSB are also not enough. According to officials, the water board cannot levy groundwater cess.

The department, after requests for borewell NOC from various establishments, has come up with a web portal for obtaining the certificate online.

"To ensure hassle-free registration, we have come up with a web portal. Registration requests can be submitted on the portal with a fee of Rs 500 for every borewell," they said.

Registration requests can be raised on https://www.kgwa.in/Public/, and the timeline to obtain the NOC is approximately three months.

However, the portal is reportedly marred with technical glitches.

"We have been told that since apartment complexes are considered commercial establishments, the NOC has to be obtained from the state groundwater authority through an online application.

We tried to apply, but could not complete the process due to technical errors," said a resident.

> **"Bringing people under the purview of law won't help. The mindset has to be changed for them to come forward and register**
>
> –KGWA official

However, authorities beg to differ.

"Just bringing people under the purview of law will not help. The mindset has to be changed for them to come forward and register. Moreover, only 5 per cent of the groundwater is being extracted for drinking and domestic purposes. More than 80 per cent is withdrawn for agricultural purposes. While we are subsidising the 80 per cent extraction, we are restricting those falling under the 5 per cent category," rued a senior KGWA official.

According to residents' associations and apartment complexes with borewells, while there is little to no awareness of this rule among the residents, there is a total lack of effort on part of the state groundwater authority as well.

"We got to know about this requirement after the CGWA's notice last year, which talks about a fine of Rs 1 lakh for not having a NOC. However, since this notification does not apply to Karnataka, confusion prevails in absence of any clarifications from the Karnataka Groundwater Authority," said an apartment complex representative in Yelahanka.

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Risky stretch
Major Unnikrishnan Road

The stretch between SBI and BSNL offices on Major Unnikrishnan Road is very dangerous for two-wheelers.

Pointless footpath
Peenya

People are forced to walk on the main road towards Peenya 2nd Stage from Jalahalli cross. The stench from the footpath is unbearable.

Where's the road?
HSR Layout

The state of the road in 1st cross, 24th Main, HSR Layout Sector 2 following rains.

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BENGALURU SPEAKS

and gets heard on this page

STORYBEHINDTHEPHOTO

FACE PALM

This was taken from my terrace. I was trying to capture the sunset between the palm fronds and the building.

The picture was clicked by BM reader **Caroline Radhakrishnan**

If you have a picture and a story to share, send us the picture with your name and number at **mybangaloremirror@timesgroup.com**

DID YOU KNOW?

Along with the adjacent older neighbourhood of Malleshwaram, the atmosphere in Sadashivanagar is typically old Bangalore and therefore somewhat different from Bengaluru's customary stereotype as a young, modern, and contemporary city. The majority of the residents come from old families and try to preserve tradition and heritage.

Sadashivanagar was created out of the former royal gardens, and is home to one of the original four towers built in 1597 by Kempe Gowda I, the founder of the city. In the 1960s and early 1970s, the gardens of the Bangalore Palace (a summer home of the Wodeyar dynasty of Mysore) were converted into a residential neighborhood, and this was when the first lots in Sadashivnagar were purchased. Until the 1990s, Sadashivnagar was known as "Palace Orchards," as it was built in the former royal grounds. It was renamed in honor of Karnad Sadashiva Rao, a freedom fighter and philanthropist.

GET HEARD WITH MIRROR

9591233247

Let's see how much you know about Namma Bengaluru, folks. Tell us something incredible and mind-boggling about this beautiful city and our editors and researchers will check it out. If it's credible, we'll give it a shout-out, with your name and picture.

Stuck in a vicious cycle on Outer Ring Road

Commuters say ongoing Metro construction has made traffic conditions terrible thanks to people flouting rules unabated

Shreyashi Mukherjee
c-shreyashi.m@timesgroup.com

TWEETS @BangaloreMIRROR

Bengalureans using Outer Ring Road to commute every day say that because of the ongoing metro work, people take different routes which often leads to chaos as well as heavy traffic congestion.

Anoop K, a commuter, said, "Because of the metro work, the people take the service road. Now, there are points at the service road which connects to the main road as well. However, these people will take these points and it would end up in heavy traffic congestion."

The commuters say that they have been stuck in traffic for hours and that has disrupted their daily routines significantly.

Rishi Jain, another commuter, said, "in Karthik Nagar junction, there is a crossing where there is a huge traffic pile-up. Yesterday, the traffic was from Karthik Nagar to Sarjapur junction. People also go in a zig-zag manner which further makes the situation worse." Srinivas Gowda, another commuter, had a similar story to share.

"Yesterday, because of the heavy traffic congestion, I was stuck on the road for hours. I was coming back from my office and the traffic did not seem to move at all. Because of the continuous rain, the situation of the road has been even worse. It is dangerous for all the commuters."

The commuters say that despite this, people drive their vehicles in a very rash manner which makes driving risky for the other people.

Rajveer Singh, another commuter, said that even with such less space available, people are in a hurry to find small gaps.

What they do not understand is that it is going to increase the congestion and make all of us wait more. On top of that, the regular rains have made the condition of the road even more poor.

The commuters say that this has been the situation for quite some time now and they need authorities to take immediate action so that a solution is provided to the people.

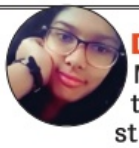
A file image of the Metro construction on Outer Ring Road

Commuters add that the situation is made worse because of the rains

TAPTHECHATTER

where Bengalureans speak their mind

What are your plans for the long weekend?

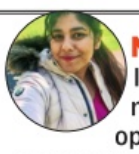


Deeksha Pradeep, BM Reader
My plans for the long weekend are to just go out and wander on the streets of Jayanagar because Jayanagar is known as the hub for everything. I hope to have a memorable time.

Latika Hurkat, BM Reader
This weekend, I have planned to visit Nandi Hills with my friends after which, we will all go to the movies.

Subodh Mahato, BM Reader
I have planned to make a short trip to Mysuru and come back as it is a long weekend and I wanted to spend time with my family for quite some time now.

Athul Chacko, BM Reader
I have a long weekend and I am going to spend it at home. Because of my work, I have to spend most of my time outside so I will take a break and spend time inside my house.



Neetha RG, BM Reader
I will try out all the new restaurants that have recently opened up in the city. I have also planned to meet my college friends.

Aditya Kamble, BM Reader
I think for a long weekend, Mysuru is the best and wonderful weekend retreat from Bengaluru that you can take along with our family members. It is a great place for all history buffs to take a sneak peek into the glorious past as there are many places to visit In Mysuru and most of them happen to be historical.

SPEAK TO US

Tell us about your close encounter with the traffic police in Bengaluru?

If you want to be featured in this section, mail us your answer to this question, in 25 words, with 'Tap The Chatter' in the subject line. Mail us with your name, occupation & a picture at mybangaloremirror@timesgroup.com or WhatsApp us on 9591233247

Grand Dasara this year, all the roads lead to Mysuru

After a somewhat simpler Dasara celebration in the past two years due to the pandemic, the government of Karnataka is all set to celebrate it lavishly. This is expected to attract tourists and boast the tourism industry while projecting the "Brand Mysuru".

District Incharge Minister ST Somashekhar said, "Due to the Covid-19 pandemic, Dasara celebrations were organised simply for the last two years. This time Chief Minister Basavaraj Bommai wants the celebration to be grand. The exhibition and promotional activities will start 15 days earlier than the Dasara festival to attract international tourists."

Mysuru Palace Board will spend Rs 5 crore for cultural events held inside the palace and the Ministry Of Urban Development Affairs (MUDA) will release Rs 10 crore for the programmes held outside the palace. The Deputy Commissioner submitted a proposal for road repairs and other developmental works, he added.

The tuskers are here

Dasara festivities are already gearing up with the arrival of Tuskers on Wednesday on the premises of Amba Vilas Palace.

The elephants walked 3.5 km to enter the palace from Aranya Bhavan. The elephants were welcomed with all festive fervour with the people clicking selfies with them. As per tradition, the palace board offered prayers. The officers involved in the Dasara festival were honoured. The training of the elephants will start after August 15.

Deputy Conservator of Forests V Karikalan said, "The elephants were tested for their weight and training will be started after August 15. The elephants will walk to Bannimantap from the Palace and return on the same route." There are three sheds built for housing the nine elephants.

Tusker Mahendra in this year's festivities

Once a rogue, 39-year-old Mahendra is now well trained and ready to take part in this year's festivities. He was trained in Balle Camp in Nagarhole and is 2.74 m in height and 3150 kg in weight. Mahout Rajanna said that Mahendra is very calm. "He was to participate last year but could not due to the pandemic. He is very gentle in his behaviour. He follows all the instructions," Rajanna said.

It is his first time participating in the festivities, along with two other new tuskers. —Prakash VL

Prodded, companies pave path for cycling to work

To be able to cycle to work, cyclists need facilities like changing rooms and cycle stands in their offices

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharVMIRROR

Cyclist Naga Prakash convinced his company to provide changing rooms and dedicated parking spots for cycles

With the IT companies switching back to Return to Office (RTO) mode, techies in the city want to cycle to work. Some of them are convincing companies to give the employees cycling to work some extra facilities.

"I can cycle to the office but the only problem is I will be sweating so much that it will be a difficult task for me to sit in the office and work. So, I requested my office to provide me with a bathroom facility so that we can take a bath and then work. Thankfully, my company agreed and now, it is a refreshing experience to work after a bath," said Sandeep R, a techie.

Naga Prakash, who works as a Project Manager in a tech company told Bangalore Mirror, "About 80 % of my commutes are on a bicycle which is around 12-14 km daily. Recently I moved to a new organization and we are in the initial stages of work from the office. But I had to travel 50 km daily (both ways). The first day when I went to the office in my cycling attire, the security didn't allow me inside because of the office policies. We didn't have a common area to change,"

He said that he then approached the senior management and HR department on the same and they were very cooperative.

"They took it with concerned departments like facilities and CRO and got me an exemption. In the same week, I created a presentation to take the cycle to work initiative at the organisation level and presented it to them... Our organisation has a target to reduce carbon footprint by one per cent year-on-year and cycle to work initiative is one of the ways to achieve it and I did highlight this key point in my presentation. In a week, they have arranged a dedicated parking space for bicycles and a changing room," he said.

While all the initiative is great, it is the people who should understand it and start moving from motorized transport and consider cycling as a way of commuting. Companies should support accordingly and provide required infrastructure support, he added.

This will not only reduce carbon emissions but will also help in traffic management.

Bengaluru Bicycle Mayor Sathya Sankaran said, "CycleToWork is a first-of-its-kind social platform in the country for bicycling created by Urban Morph in collaboration with Mapunity. The leaderboard has employees from more than 380 companies cycling to work and has tracked savings of more than 200 tonnes of carbon dioxide emissions from 53 cities across the world so far."

> **"I requested my office to provide a bathroom facility so that we can take a bath and then work. They agreed and it is refreshing to work after a bath**
>
> – Sandeep R, cyclist

"It has produced data for government decision-makers to target bicycle infrastructure interventions in Bengaluru like the creation of the 17 km pop-up bicycle lanes on the Outer Ring Road and increasing the allocation of cycle tracks from 175 km to 600 km in the 2020 Comprehensive Mobility plan," he added.

IN BRIEF

All that glitters is not gold, cops find out

The Banaswadi police arrested a man and recovered around 13 gold biscuits that later turned out to be fake.

What looked like an extraordinary case to Banaswadi police, when they received information that a 39-year-old man from Nelamangala was trying to sell gold biscuits in their jurisdiction, later turned out to be a petty case of cheating.

The man was arrested, and the police recovered around 13 gold biscuits that were visibly fake gold.

The fraudster had come to the city to try his luck and sell fake gold biscuits, the police told Bangalore Mirror.

Assistant Police Inspector (ASI), Prakash S was informed by his informant that a man was lurking near Lalitha Jewellery on Ring Road, 2nd block HRBR Layout in Kalyan Nagar, trying to sell something that looked like gold biscuits.

Around 3 pm, a team of five policemen including Prakash left the station and reached the spot.

According to the police, it was the informant who had called up the man to see the gold biscuits to buy them. Soon after the man showed up near the Lalitha Jewellery on Ring Road in Kalyan Layout, the police split and blocked all the ways he could probably escape.

The police had surrounded him and after a chase, the culprit was caught. The man is identified to be Lokesh, a resident of T Begur village in Kasaba Hobli in Nelamangala taluk.

Lokesh and his fake gold biscuits were taken to a gold jewellery shop nearby where the biscuits were examined and found fake.

The cops slapped a cheating case against Lokesh who was then produced before a magistrate and remanded to judicial custody, the police informed.

— Bellie Thomas

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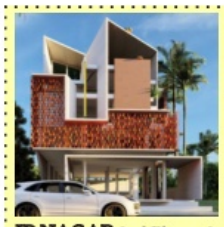

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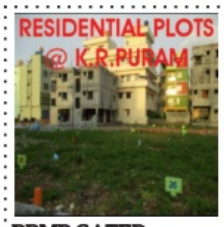

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Special needs: Focus on parents

CONTINUED FROM PAGE 1

in JP Nagar. After diagnosis, how does a young parent figure out this new area of parenting? Parents are clueless about schooling, therapy, and such," said Sarbani Mallick, director, Bubbles Centre for Autism.

Parents who visit such centres are equipped with the right skills for parenting children with special needs. There is little to no awareness drives from the government. Centres are limited to tier 1 cities. Parents in tier 2 and tier 3 cities struggle to gain knowledge. In many cases, the internet might be the only option available but the information on websites could be hardly reliable.

Most of the NGOs are run by parents and they are not able to meet the huge requirements, said Mallick: "We cannot cater to all parents as we don't have sufficient number of experts on board. There aren't many professionals who would want to work in this field."

Experts are of the view that parents need to be educated about disorders, and made to feel empowered; they shall approach professionals, gather information about the services being provided, seek guidance and so on.

"While support systems are available, urban parents need to reach out. During covid, the programme was in limbo; the situation has been persisting for three years now. We do provide classes for young parents and connect them with other parents in the community. We also have WhatsApp groups," said Major General (retired) Suresh Krishnan, executive board member of Autism Society of India.

Major Krishnan pointed to the stigma associated with parents seeking help. "The mother required counselling. People reaching out for mental health counselling are shunned by society."

NGO representatives said parents can reach out to police. Makkala Sahaya Vani, a child helpline run by city police, could direct parents to NGOs.

"Parents must take care of their mental health. With a differently abled child, parents will be worried about the future and finances There is a psychological impact upon diagnosis. They need support systems. There is also a need to develop forums on the 'San Francisco model'. Government could take interest in creating awareness but they also have the challenge of meeting the population-based requirements," said Akshayee Shetty, founder, Sense Kaleidoscopes.

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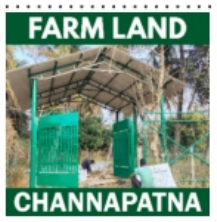

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personal

CHANGE OF NAME

I, Rudolf Eustochian Nonis residing at Raja Aristos Block,Flat no A-419,Dodda Kammanahalli Main road Ramanashree Nagar Bangalore-560076 have changed my name to Rudolf Eustachius Nonis vide affidavit dated 11.8.2022 sworn before notary V Anjanappa Bangalore

I, Rakesh. M, Residing at No.17, 2nd Cross, 2nd Main Road, Shivanagar, Bangalore-560010 have changed my name to RAKESH M REVANKAR, S/o. Maruthi. S. Revankar vide affidavit dated 12.08.2022 Sworn before notary: V.Anjanappa, Bangalore

I Bhavya Viswanathapura Subrahmanya W/o Varshith Vinayraj. R R/o No 341,old No 402, Sonnapanna Halli, Bettahalasur Post, Bengaluru 562157 have Changed my name to Bhavya Vinayraj for all purposes.

I, Asiyabai Hussain W/o AM Hussain R/o No-1335 8th Cross , Gangondanahalli, Near Chandra Layout Bangalore-560039 have changed my name to Asiya Hussain .

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NORTH - KARNATAKA : HUBLI – ADHIK AGENCY - 9606705577/9448526330, WOODSHAPE HUBBALLI – 9632658012, 98451 09402, CHITRADURGA - SHRI GURURAJA FURNITURE – 9845352942 / 9901516520, SIRSI - THE TOTAGARS CO-OP SALE SOCIETY – 7259318333 / 084192 62569, KUMTA - VINAYAKA REXINE HOUSE – 9900106114 / 08386 220234, CHIKKODI - SHREE SIDDESHWAR STEEL FURNITURE – 9449382652/ 08338 273454, TALIKOTI - S K FURNITURE- 9886362305/ 9448366985, BELAGAAVI - MARUTHI GALLI - SHREE RAJENDRA KALAMANDIR – 9739137873/ 7795235680, JAIN CORPORATION- 9448126357 / 0831 – 4206357, TILAKAWAAD - STYLISH LIVING – 9243223888 / 9448094910, KOPPAL - AKSHARA APPLAINIX COMPANY – 9448120737 / 9206089737, VIJAYAPURA - SHANTHI FURNITURE – 8073730639 / 9741172008, DAVANAGERE - SHRI SHANKAR ENTERPRISES – 9844201451, KALABURGI – S K HIREMATH & SONS - 9448144307/ 8310521480, BIDAR - SHIA HOME APPLIANCES – 9738349777/ 9481428777, BELGAUM - Dharma Steel Furniture - 98442 59769, KAMPLI - Tirumala Furniture - 91106 89605, VIJAYAPUR - Shanthi Furniture House - 9741172008, BALLARY - Chaitanya Agencies - 98440 58895.
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Hope mom is free of pain: Anne Heche's son–
Anne Heche's son Homer Laffoon said he hoped that his mother was now free of pain after she died an untimely death that plunged her loved ones into deep sorrow

BangaloreMirror | 11
Sunday, August 14, 2022
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Stunning host

Priyanka Chopra to host star-studded music festival

Global icon Priyanka Chopra is set to host the 2022 edition of the famous Global Citizen Festival. The actor is the Global Citizen Ambassador. The star-studded music festival will be returning on September 24.

Last year the festival was organised concurrently across multiple cities on six continents, such as Lagos, Seoul, Paris, New York City, Rio de Janeiro, Los Angeles, London, Mumbai, and Sydney. This year the event will be held in New York City's Central Park and Accra, Ghana.

Sharing the news Priyanka took to her Instagram handle and dropped a series of pictures of herself as the host of the Global Citizen Festival. In the photos, the actor was seen addressing the audience in a classy floral outfit.

The caption read, "It's almost been 10 years since the first time @glblctzn brought the world together in NYC's Central Park for GlobalCitizenFestival. Since then, I've had the honor to join activists and influential leaders on the Global Citizen stage in New York in 2016 and 2017, in 2021 in Paris, and now once again for the 2022 Global Citizen Festival: NYC! As a Global Citizen Ambassador, I've seen firsthand the impact we can make when we come together and take action to end extreme poverty..."

In an interview with an international news agency, an excited Priyanka also stated that she feels like she has become part of the family since it is her seventh year with Global Citizen, and she wants to make sure that the revolution and movement keep moving. Priyanka also added that she is looking forward to welcoming the Jonas brothers into the fold. .

—ETimes

A visual treat

GAALIPATA 2
3.5 RATING ★★★½☆
- **DIRECTOR** Yogaraj Bhat
- **ACTORS** Ganesh, Pavan Kumar, Diganth, Anant Nag, Shamila Mandre, Vaibhavi Shandilya
- **CERTIFICATION** U/A
- **DURATION:** 150mins

The much-awaited sequel to Gaalipata that released in January 2008 sticks to the romantic comedy genre of its predecessor. Directed by Yogaraj Bhat, Gaalipata 2 begins with three students from different locations trying to visit their ailing Kannada lecturer. Minutes into the film, the director takes us to a flashback to understand why the students are doing this.

To begin with the three were careless and irresponsible youngsters -- Gani alias Ganesh (Ganesh), Bhooshan (Pavan Kumar) and Diganth (Diganth). When they join the Neerkote College their Kannada lecturer Kishore (Anant Nag) provided them shelter. Kishore also tries his best to teach them Kannada. Gani, as is his wont, prefers to remain carefree and ignores his parents' advice. He falls in love with his classmate Shwetha (Vaibhavi Shandilya) while Diganth with Aparna (Samyukta Menon) and Bhooshan attempts to romance his teacher (Sharmila Mandre). We see all this and also, what circumstances force them to stay apart.

Ssecond half of the film picks pace when the three decide to take their lecturer abroad to find his missing son. What happens to them and their sweethearts is what the film is about.

Gaalipata 2 has all it takes to keep audiences engaged. It shows us the lush, green beauty of Karnataka and also of Europe. Cinematographer Santosh Rai Pathaji has done an excellent job behind the camera. Producer Ramesh Reddy seems to have been generous as the film is also shot at beautiful locations in Kazakhstan.

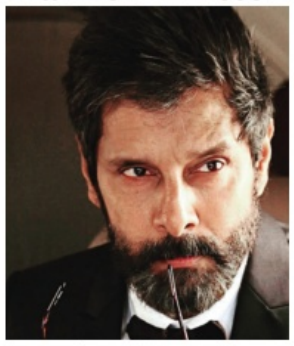
Songs, especially Naanaadada Maathellava and Neenu Bagehariyada Haddu, are melodious. Thumbs up to music director Arjun Janya.

Ganesh, as an irresponsible son, friend and lover, has done a good job. Diganth, who makes a futile attempt to become an Aghori, has given the best performance and Pavan Kumar too is good. Among the ladies, Sharmila Mandre's is a stand-out performance. Samyuktha and Vaibhavi do not have much scope to show their acting skills. Anant Nag, as usual, gives his best to ensure there is value to this movie with his performance.

But all in all, it seems the film is just too long, and would have been just right if cut by 15 minutes.

—Y Maheswara Reddy

15 years late? Vikram on Twitter



Superstar Vikram has made his debut on micro-blogging site Twitter and the actor says the aim is to stay connected with his fans.

The 56-year-old actor, best known for starring in Tamil hits "Sethu", "Pithamagan", "Anniyan", "Raavanan", and "I", shared a small video clip on Friday night, announcing his debut under his official Twitter handle '@chiyaan'. In the video, Vikram said though he is late in joining Twitter, he is looking forward to interacting with his fans about films. He joins Twitter ahead of the release of his two much-anticipated titles -- action thriller "Cobra" and Mani Ratnam's epic "Ponniyin Selvan 1".

Speaking in Tamil, Vikram revealed that he is currently working on his next film with filmmaker Pa. Ranjith. "I was told Twitter allows me to stay connected with my fans and keep them informed about my films and much more. It has convinced me, even though I'm late by almost 15 years. But I feel it's the right time," the actor said.

The actor has so far amassed over 80,000 followers on Twitter. **PTI**

IN IMAX AT

PVR CINEMAS {Forum Mall, Koramangala, 8:35, 12:00, 3:25, 6:50, 10:15 p.m. | VR Mall, 8:50, 12:15, 3:40, 7:05, 10:30 p.m. | Vega City, 8:50, 12:15, 3:40, 7:05, 10:30 p.m.} | INOX {Mantri Square Mall, Malleshwaram, 9:20, 12:20, 3:40, 7:05, 10:30 p.m. | RMZ Galleria Mall, Yelahanka, 9:00, 12:15, 3:40, 7:05, 10:30 p.m.} | CINEPOLIS {Shanthiniketan, 8:45, 12:10, 3:35, 7:00, 10:30 p.m.}.

PVR CINEMAS {Phoenix Market City, 10:10, 11:00, 11:50, 1:10, 2:25, 3:15, 4:05, 5:50, 6:40, 7:05, 9:15, 10:05, 10:30 p.m. | Forum Mall, 9:40, 10:25, 11:00, 11:30, 2:25, 2:55, 3:35, 4:20, 6:20, 9:15, 9:30 p.m., IN DOLBY ATMOS:- 1:10, 7:05, 10:30 p.m. | Orion Mall, 8:35, 9:40, 10:10, 12:00, 12:40, 3:25, 3:35, 4:05, 6:50, 9:30, 10:15 p.m., IN DOLBY ATMOS:- 11:00, 1:10, 2:25, 5:50, 7:05, 9:15, 10:30 p.m. | Orion Uptown Mall, 8:50, 12:15, 3:00, 3:40, 7:05, 10:00, 10:30 p.m. | MSR Regalia Mall, 8:50, 10:00, 11:00, 12:15, 12:55, 2:25, 3:40, 3:55, 5:50, 6:50, 7:05, 9:15, 10:15, 10:30 p.m. | Spirit Mall, 8:50, 12:15, 2:30, 3:10, 3:40, 7:05, 9:45, 10:30 p.m. | VR Mall, 10:10, 10:30, 11:00, 12:25, 12:55, 1:55, 2:25, 4:05, 6:20, 6:50, 8:40, 9:00, 9:45, 10:15 p.m., IN DOLBY ATMOS:- 9:25 a.m., 3:20 p.m. | Vaishnavi Saphire Mall, 8:50, 9:00, 9:55, 11:45, 12:15, 12:40, 3:40, 3:50, 6:35, 7:05, 9:30, 10:00, 10:15, 10:30 p.m. | Superplex Vegacity Mall, 8:50, 9:55, 11:00, 12:15, 3:40, 3:50, 5:35, 7:05, 9:00, 10:30 p.m., IN DOLBY ATMOS:- 12:30, 2:40, 6:25, 9:15, 9:50 p.m. | The Cinema GT Mall, IN DOLBY ATMOS:- 8:50, 11:00, 12:15, 2:25, 3:40, 5:50, 7:05, 9:15, 10:10, 10:30 p.m. | The Aura, Whitefield, IN DOLBY ATMOS:- 8:50, 12:15, 3:25, 3:40, 7:05, 10:00, 10:30 p.m.} | INOX {Garuda Mall, 9:10, 10:30, 11:15, 12:00, 12:30, 2:10, 3:25, 5:35, 6:15, 9:00, 9:35, 10:15 p.m. | Swagath Mall, 9:20, 10:30, 1:10, 3:45, 4:25, 7:05, 10:30 p.m. | Central Mall, 9:05, 10:00, 12:40, 2:10, 4:05, 5:35, 6:25, 9:00, 10:00 p.m. | Lido, 9:00, 10:00, 11:15, 12:15, 1:20, 2:40, 3:40, 6:05, 7:05, 9:30, 10:30 p.m. | Forum Value Mall, 9:05, 12:05, 12:45, 2:55, 3:30, 6:25, 6:55, 9:30, 9:50, 10:20 p.m. | Mantri Mall, 10:30, 12:20, 1:55, 5:20, 6:05, 9:00, 9:30 p.m. | Brookefield Mall, 9:00, 10:40, 12:50, 4:35, 6:45, 9:30, 10:30 p.m. | SBR Horizon, Seegehalli, 9:35, 10:30, 11:15, 1:10, 2:40, 3:20, 4:25, 6:05, 7:05, 9:30, 10:20 p.m. | Garuda, Yelahanka, 9:15, 12:05, 2:10, 3:30, 5:35, 6:55, 9:00, 10:20 p.m. | Galleria Mall, RMZ Yelahanka, 11:15, 2:40, 6:05, 9:30 p.m.} | CINEPOLIS {Royal Meenakshi Mall, 10:00, 11:00, 12:15, 12:40, 2:25, 3:55, 4:05, 5:00, 5:50, 6:10, 9:15, 9:50 p.m. | ETA Mall, Binny Mill, 8:45, 10:00, 11:00, 12:10, 1:30, 2:25, 3:35, 3:50, 5:00, 5:50, 7:00, 8:30, 9:15, 9:40, 10:25 p.m. | East Orion Mall, 8:45, 11:00, 12:10, 1:00, 2:25, 3:35, 5:50, 7:00, 9:15, 10:25 p.m. | Shantiniketan, 9:35, 10:30, 2:00, 3:25, 3:35, 5:30, 9:00, 9:35, 10:05 p.m. | SJR Spectrum Mall, 8:45, 9:30, 10:10, 12:10, 3:35, 4:05, 5:55, 6:35, 7:00, 9:20, 10:25 p.m. | Sigma Mall, 9:30, 10:00, 1:00, 3:55, 6:55, 9:15, 9:50 p.m.} | GOPALAN {Innovation Mall, 3:15, 6:30, 9:45 p.m. | Arch Mall, 1:15, 6:30 p.m. | Signature Mall, 1:15, 6:30, 10:00 p.m. | Grand Mall, 10:15, 4:30, 9:45 p.m. | Legacy Mall, 10:00, 12:00, 3:15, 6:30, 9:45 p.m.} | INNOVATIVE MULTIPLEX {Marathahalli, 10:15, 1:00, 4:00, 6:30, 9:45 p.m.} | ROCKLINE CINEMAS {Peenya, 10:45, 1:15, 4:00, 6:30, 10:00 p.m.} | SWAGATH SHANKARNAG {MG Road, 10:45, 4:00, 7:10, 10:20 p.m.} | PRASANNA {Magadi Road, 10:30, 1:30, 4:30, 7:30, 10:30 p.m.} | RENUKA PRASANNA {Bangalore} | URVASHI {Lalbhag Road, 10:30, 2:15, 6:00, 9:45 p.m.} | HMT {Jalahalli, 10:15, 1:15, 4:15, 7:15 p.m.} | NAVRANG {Rajaji Nagar, 10:00, 1:00, 4:00, 7:00, 10:15 p.m.} | VICTORY {Kakshipalya, 9:00, 12:15, 7:00, 10:30 p.m.} | ABHINAY {Gandhi Nagar, 10:00, 1:00, 4:00, 7:00, 10:00 p.m.} | SANTHOSH {RPC Layout} | KIND CINEMAS {Seegehalli Road, 9:15, 12, 3:45, 7:00, 10:15 p.m.} | VINAYAKA {DG Halli} | BALAJI {Chikhalsandra} | JAYALAKSHMI {Mandya} | BHARATH CINEMAS {Mangalore, 10:15, 1:15, 4:15, 7:15, 10:15 p.m. | Manipal, 10:00, 1:15, 4:15, 7:30, 10:30 p.m. | Shivamoga, 10:00, 1:00, 4:00, 7:00, 10:00 p.m. | Kundapura, 10:15, 1:15, 4:15, 7:00, 9:45 p.m.} | DRC CINEMAS {Mysore, 10:30, 1:00, 4:05, 6:45, 9:45 p.m.} | VISION CINEMAS {Myosre, 10:20, 1:00, 6:15, 9:15 p.m.} | THIBHADEVI {Mysore} | BALAJI DELUX {Mysore} | LIDO {Mysore} | CINEPOLIS {City Centre Mall, Mangalore, 9:40, 10:00, 11:00, 12:50, 3:55, 6:45, 8:00, 9:50 p.m.} | PVR CINEMAS {Fiza Mall, Mangalore, 10:25, 11:00, 12:00, 1:10, 2:25, 4:20, 5:50, 6:50, 7:05, 9:15, 10:30 p.m. | Forum Mall, Mysore, 8:50, 9:30, 10:00, 12:15, 12:55, 3:25, 3:40, 3:55, 6:50, 7:05, 9:20, 10:15, 10:30 p.m. | Garuda Mall, Mysore, 8:50, 11:00, 12:15, 2:25, 3:40, 5:50, 7:05, 10:30 p.m.} | INOX {Central, Manipal, 9:00, 10:40, 1:00, 4:35, 6:55, 9:20, 10:20 p.m. | Satyam Mall, Mysore, 9:20, 11:25, 12:30, 2:50, 3:50, 7:10, 9:30, 10:30 p.m. | S Mall, Tumkur, 9:05, 10:30, 12:25, 1:10, 3:15, 4:25, 6:10, 6:40, 7:05, 9:30, 10:20 p.m.} | KRISHNA {Tumkur, 10:30 a.m., 1:30 p.m.} | JAI BHARATH {Tumkur} | CINE GALAXY {Suratkal, 11:45, 3:00, 6:00, 9:00 p.m.} | LAKSHMI {Hospete} | RAGHAVENDRA {Bellary, 10:30, 1:30, 4:30, 7:30 p.m.} | TRISHUL {Davanagere, 11:00, 2:00, 6:00, 9:00 p.m.} | MOVIETIME {Davanagere, 9:15, 2:30, 7:45 p.m.} | PRASANNA {Chitradurga} | PRABHAT {Kolar} | NATRAJA {Mulabagalu} | SHANKAR {Ramnagar} | ADARSHA {Chinthamani} | SRI GURU THEATRE {Hassan} | DIANA THEATRE {Udupi} | PRITHVI {Nagavara, 10:00, 1:00, 4:00, 7:00, 10:00 p.m.}.

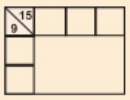
farnazfever

SOLVE IT IN A MINUTE

100 kg of copper with 9 g/cm^3 density is melted to make wire with a cross sectional circular area of 1 cm sq. How long is the wire?

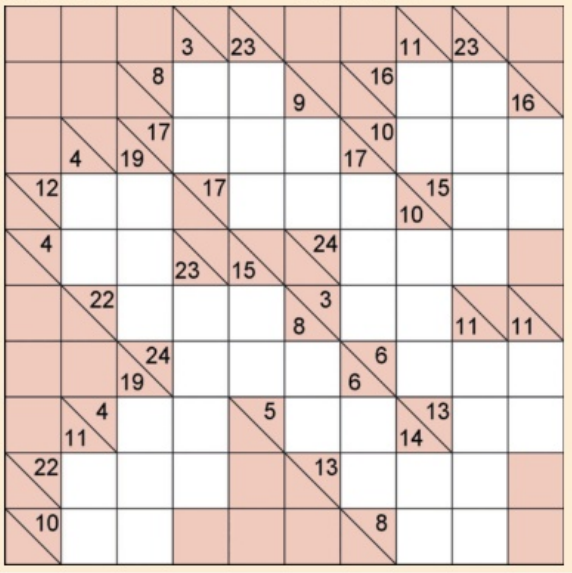
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

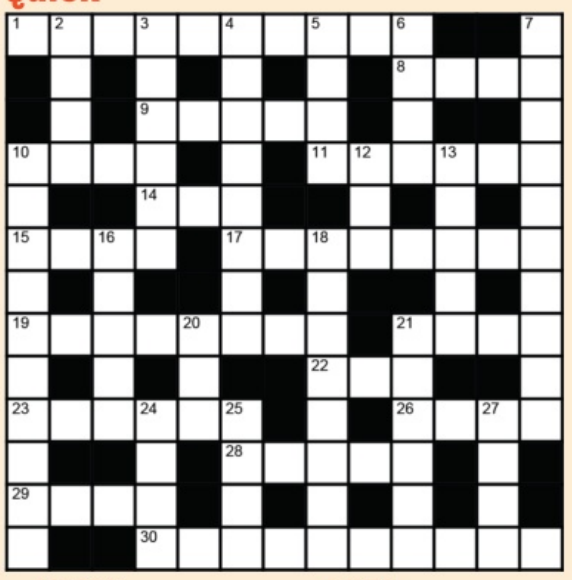


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Deign or patronise (10)
8 Flair or zest (4)
9 Auctions (5)
10 ___ at it : be persistent? (4)
11 Shouted (6)
14 Large vase (3)
15 Secure a ship (4)
17 British Prime Minister 1874-1880 (8)
19 Went beyond, crossed the limit? (8)
21 Person from Phuket (4)
22 Black beetle (3)
23 She-monster (6)
26 So be it (4)
28 Follower of major Indian religion (5)
29 State of stupor (4)
30 Waste time? (5,5)

DOWN

2 Fearsome giant (4)
3 Capital of Assam (6)
4 Magnificent (8)
5 Not difficult (4)
6 Buy and sell (4)
7 As well as (2,8)
10 Magadi chieftain who founded Bangalore (5,5)
12 Make a mistake (3)
13 Blood-sucker (5)
16 Cinema award (5)
18 Abruptly (8)
20 Extra-terrestrials, abbr. (3)
21 Physical injury (6)
24 Looked at keenly (4)
25 Synagogue - "huls" anagram? (4)
27 Wicked (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: X EQUALS H

XJ GXI EVZLVJL NWKJ WA AXJ ZULC IN RILUYF XUL LJRN UL YIA W LSXIRWZ.

Linemaro

If I am with you everything else seems superfluous

Mindchow

Nostalgia is like a grammar lesson: You find the present tense, but the past perfect

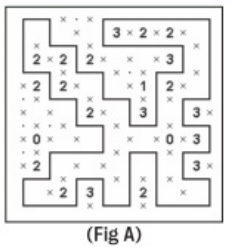
Joke of the day

Her best friend once sent her a post card with a picture of the entire planet Earth taken from space. On the back it said: "Wish you were here."

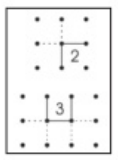
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)



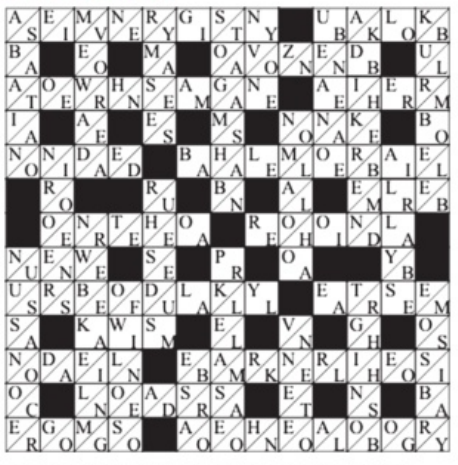
(Fig B) Not Allowed

How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...

1	2	3	4	5
6				
7				
8				
9		K		

ACROSS

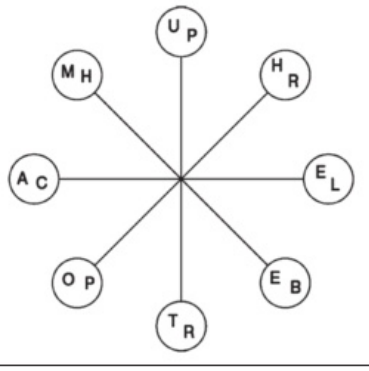
1 Mt Ass; 6 Hi pun; 7 Toles; 8 Do ere; 9 Drake

DOWN

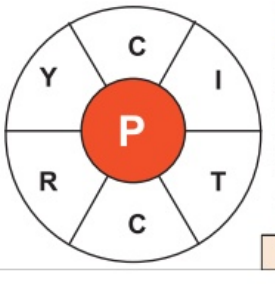
1 Mures; 2 Ratan; 3 Hooks; 4 Tiled; 5 Deeps

Mensapuzzle

Take one letter from each circle in turn and using each letter once only find two eightletter words that are similar in meaning. Both words read clockwise and each starts in a different circle.



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

02 Average; 03 Good; 04 Outstanding

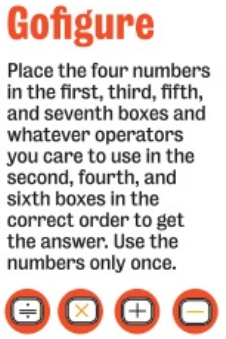
SudokuChallenge

2		4				7		8
3								2
	5		7		4		9	
9			2		8			7
		2		3		4		
7			4		1			5
	7		5		9		8	
8								1
4		5				9		3

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

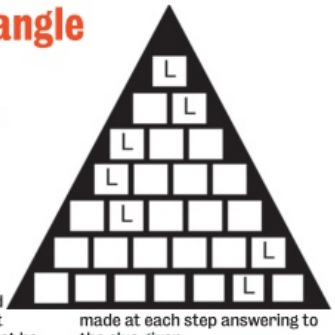
Differences: 1. Arm is lower. 2. Ball is missing. 3. Cap is larger. 4. Mouth is open. 5. Belt buckle is missing. 6. Pitcher's mound is larger.

Riddler

This artist draws a bow But not across his strings Instead his string he plucks And death's the note he brings. Who is he?

Alpha triangle

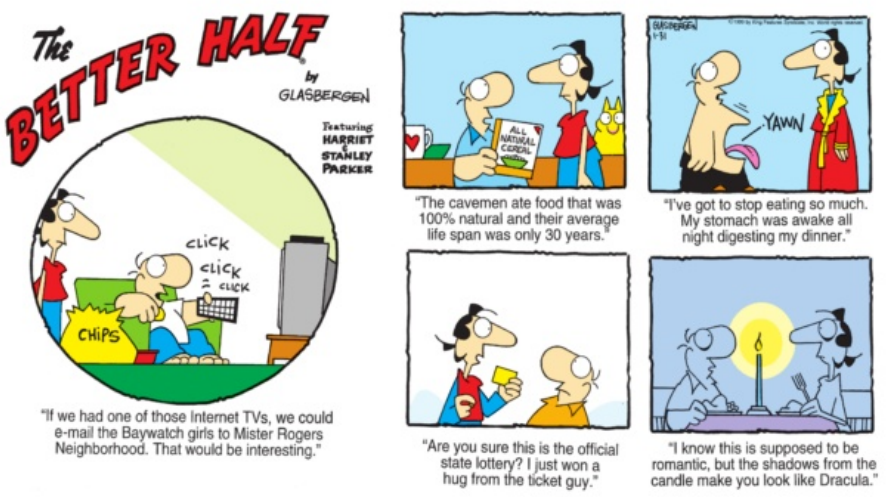
1 Litre
2 Spanish article
3 Tennis term
4 Behind schedule ?
5 Shoe grip
6 Acid derivative
7 Precisely



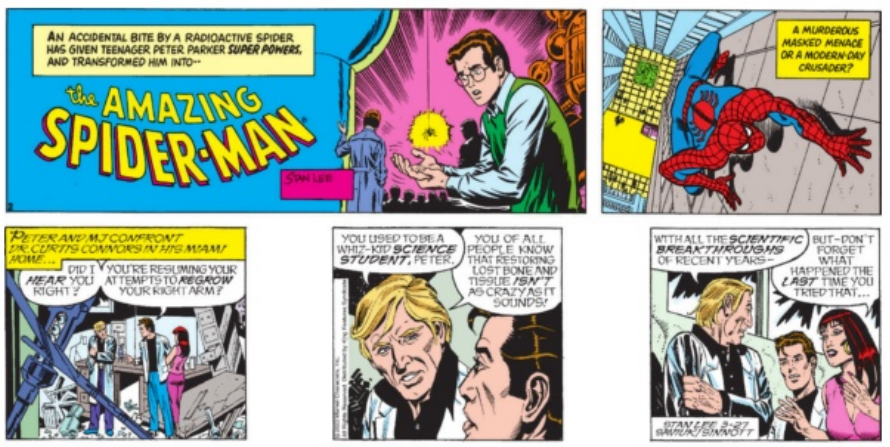
Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS


The BETTER HALF
by GLASBERGEN
Featuring HARRIET & STANLEY PARKER
CLICK
CLICK
CLICK
CHIPS
"If we had one of those Internet TVs, we could e-mail the Baywatch girls to Mister Rogers Neighborhood. That would be interesting."
ALL NATURAL CEREAL
"The cavemen ate food that was 100% natural and their average life span was only 30 years."
YAWN
"I've got to stop eating so much. My stomach was awake all night digesting my dinner."
"Are you sure this is the official state lottery? I just won a hug from the ticket guy."
"I know this is supposed to be romantic, but the shadows from the candle make you look like Dracula."

BABY BLUES™
BY RICK KIRKMAN & JERRY SCOTT
WHAT ARE YOU DRAWING?
IT'S A COW IN A PASTURE.
IT LOOKS LIKE A UFO ATTACKING A WAFFLE. SEE? THOSE ARE THE LASERS.
GROAN! I'LL PROVE IT TO YOU!
MOM, WHAT DOES THIS LOOK LIKE TO YOU?
A UFO ATTACKING A WAFFLE?
TOLD YOU!
WHATCHA GOT THERE, HAMMIE?
IT'S A UFO ATTACKING A WAFFLE.
IT LOOKS MORE LIKE A COW IN A PASTURE, IF YOU ASK ME.
HA! HA! HA!
YOU HAVE A LOT TO LEARN ABOUT ART, DAD.


AN ACCIDENTAL BITE BY A RADIOACTIVE SPIDER HAS GIVEN TEENAGER PETER PARKER SUPER POWERS, AND TRANSFORMED HIM INTO--
the AMAZING SPIDER-MAN
STAN LEE
A MURDEROUS MASKED MENACE OR A MODERN-DAY CRUSADER?
PETER AND MJ CONFRONT DR. CURTIS CONNORS IN HIS MIAMI HOME...
DID I HEAR YOU RIGHT?
YOU'RE RESUMING YOUR ATTEMPTS TO REGROW YOUR RIGHT ARM?
YOU USED TO BE A WHIZ-KID SCIENCE STUDENT, PETER.
YOU OF ALL PEOPLE KNOW THAT REGROWING LOST BONE AND TISSUE ISN'T AS CRAZY AS IT SOUNDS!
WITH ALL THE SCIENTIFIC BREAKTHROUGHS OF RECENT YEARS--
BUT--DON'T FORGET WHAT HAPPENED THE LAST TIME YOU TRIED THAT...
STAN LEE 3-27 SMITH/SINNOTT
YOU BECAME A HUMAN LIZARD-- AND A MENACE TO SOCIETY!
IT TOOK SPIDER-MAN TO BRING YOU BACK TO NORMALCY!
NORMALCY?
NORMALCY?
DO I LOOK NORMAL TO YOU?
SMASH!
THE RAGE of GRIEF!

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, with the help of your strong network, you may implement your business plans. You can use your wisdom to make profits. You may also have harmony in your domestic life. There may be good understanding between you and your spouse. Those related to metal and booking agents will do well.

Taurus Apr 21 – May 20
Today you are more spiritual and may plan to visit a spiritual place to find peace of mind. You may donate some amount to charity or needy people around you. You can potentially enjoy every moment of the day if you are patient.

Gemini May 21 – Jun 21
Today you may be feeling dull. You are advised to control your short-tempered nature. Your focus is tested many times. You should try to avoid being scattered towards your goals. Do not invest in worthless assets. Lovebirds are advised to avoid making arguments on worthless topics.

Cancer Jun 22 – July 23
Today you may be happy and have mental peace. You are likely to be busy with friends and family. You may enjoy your domestic life. Bonding with your spouse is likely to be increased, which can maintain domestic harmony. There may be a new partnership in business. New innovations may help your business to grow.

Leo Jul 24 – Aug 23
Today you may begin your day with positive thoughts. You may be in winning positions against your opponents and hidden enemies. Your work may be praised by your seniors and you may get new responsibilities in terms of promotions. Students are blessed by the moon, which may show them the right path to choose good career options.

Virgo Aug 24 – Sep 23
Today you may be busy with family issues. You may explore extra sources of income in terms of gains. You can take an interest in artefacts, movies, and glamour, which may improve your creativity. Lovebirds have a clear view in terms of their relationships. Students may now go ahead towards their aim in terms of career.

Libra Sep 24 – Oct 22
Today you may have many options, which can leave you confused. You may decide to visit your elders to consult them before making important decisions. Your experience may show you the right path to favourable decisions in terms of your work and domestic life. Be careful of your parent's health.

Scorpio Oct 23 – Nov 22
Today your business plans may be successful with support from your subordinates. You may undertake short travels in terms of business, which will give you benefits in the near future. You may be involved in social and family get-togethers, which may increase your social network.

Sagittarius Nov 23 – Dec 22
Today is a good day for gains. You can make good plans to profit from your investments. You may save money by avoiding expenditure on unnecessary items, which may boost your savings. Lovebirds may be busy with family functions.

Capricorn Dec 23 – Jan 20
Today you may be busy with issues related to siblings and relatives. Expect some support at work, which may run your business smoothly. Your network may help you complete your tasks successfully. You may plan to start a new venture with the help of your siblings and network. There may be some smart gains after minimal efforts.

Aquarius Jan 21 – Feb 19
Today you may feel dull, which might affect your health. You may not get results from your professional meetings. You could feel like you are wasting time. From late evening, disappointments may convert into happiness. You are advised to avoid rash driving or adventure tours.

Pisces Feb 20 – Mar 20
Today is a good day. In business, you may get new clients, which will be helpful in terms of profits. Singles are likely to find a good match. In your domestic life, you must avoid hiding anything from your spouse otherwise it will create gaps in your relationship. Job seekers may get a new job. Promotions may arise.

KIDZONE

Arush Halder, 13 Years, Orchid International School

Manoj, 12 Years, Almacz Tuition Centre

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
100 kg * 1000 g/kg = 100,000 g of copper
100,000 g * 1 cm^3 / 9g = 100,000/9 cm^3 copper.
Volume of wire = pi*r^2*l where l is the length of the wire. Since the crossectional area given in the op is pi*r^2 = 1 so, the volume reduces to 1*l = 100,000/9

BULL'S EYE
crypt, CRYPTIC, pity, trip

STRIKE OUT

S	E	V	E	R	I	T	Y	B	A	L	K			
A	O		A		O	O	Z	E	D		U			
T	O	W	N	S	M	A	N		A	H	E	M		
A		E		E	M		O	N	E		B			
N	I	D	E		B	A	L	M	O	R	A	L		
	R			R		N		A		E	R	E		
O	R	T	H	O		R	H	O	D	A				
N	N	E		E	P		A			B				
U	S	E	F	U	L		L	Y		E	R	S	E	
A		K	I	M		E		V		H		S		
N	A	I	L		B	A	K	E	R	I	E	S		
	W		Y		H	I	N	D	U		V			
O		G	R	E	S	S		E		A	M	E	N	
	G		A		T		D	O	R			O		
E	X	C	E	E	D	E	D		T	H	A	I		
P		S			I		U			C		T		
M	O	O	R		D	I	S	R	A	E	L	I		
E		U	R	N			R		E			D		
K	E	E	P		E		Y	E	L	L	E	D		
R		S	A	L	E	S		A				A		
G		I		P		A		E	L	A	N			
C	O	N	D	E	S	C	E	N	D			I		

FAST FIVE

M	A	S	T	S
U	N	H	I	P
S	T	O	L	E
E	R	O	D	E
R	A	K	E	D

QUICK

A			D	I	L	L	Y	D	A	L	L	Y		
D	A	Z	E		U		L		M		I			
O	G	R	E	S	S		E	A	M	E	N			
W		Y		H	I	N	D	U		V				
G		A		T		D	O	R			O			
E	X	C	E	E	D	E	D		T	H	A	I		
P		S			I		U			C		T		
M	O	O	R		D	I	S	R	A	E	L	I		
E		U	R	N			R		E			D		
K	E	E	P		E		Y	E	L	L	E	D		
R		S	A	L	E	S		A				A		
G		I		P		A		E	L	A	N			
C	O	N	D	E	S	C	E	N	D			I		

MENSA PUZZLE
PAMPHLET; BROCHURE;

RIDDLER An archer

QUOTE UNCODE
He who pursues fame at the risk of losing his self is not a scholar.

SUDOKU

2	9	4	1	6	3	7	5	8
3	6	7	9	8	5	1	4	2
1	5	8	7	2	4	3	9	6
9	4	1	2	5	8	6	3	7
5	8	2	6	3	7	4	1	9
7	3	6	4	9	1	8	2	5
6	7	3	5	1	9	2	8	4
8	2	9	3	4	6	5	7	1
4	1	5	8	7	2	9	6	3

ALPHA TRIANGLE
L, El, Let, Late, Cleat, Acetyl, Exactly.

GO FIGURE
Easy
2 − 6 + 4 + 1 = 1
Medium
4 + 5 − 2 × 3 = 21
Hard
7 + 5 − 5 + 6 = 13

LOOP

KAKURO

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HEALTH TIP: When enjoyed in moderation, dark chocolate can be a healthy and delicious way to satisfy your sweet tooth

Peanut butter is an excellent source of plant-based protein, healthy fats, vitamins and minerals and can be used in many ways

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Flavours of yore

This Independence Day, cook up a storm in the kitchen with these kebab recipes that are from the famed Awadhi and Peshawari cuisines of undivided India

GULNAR JALPARI

INGREDIENTS
- Pomfret Fish: 1
- powdered turmeric: 1/4 tsp
- garam masala powder: 1 tsp
- hung curd: 1/2 cup
- mustard oil: 4 tbsp
- ginger paste: 1/2 tsp
- red chilli powder: 2 tbsp
- salt: as required
- lemon juice: 2 tbsp
- garlic paste: 1/2 tsp

METHOD
- Begin with cleaning and trimming the tail, fins and scales of the fish. Make incisions on the clean fishes. Keep them aside. Then take a bowl and add all the ingredients. and yoghurt to get a thick paste. Apply this marinade to the fish on both sides very well. Keep it for at least 30 minutes in the fridge. Cook in tandoor for 15 minutes. Serve with onion rings & lemon mint mango chutney.

Prep Time: 55 mins **Cooking Time:** 15 mins **Serves** 2

SUBZ MEWAY MAWA GALOUTI KABAB

Prep Time: 1-3 hrs **Cooking Time:** 5-7 mins **Serves** 2

INGREDIENTS
- Spinach: 300 gm
- Oil: 2 tbsp + for drizzling
- Ginger, finely chopped: 1 tbsps
- Garlic, finely chopped: 6-8 cloves
- Cashewnuts, broken: 2 tbsp
- Chironji: 1 tbsp
- Green chilies, finely chopped: 2
- Caraway seeds (shahi jeera): 1 tsp
- Roasted chana dal powder (daalia): 2 tbsp
- Khoya/mawa grated: 2 tbsp
- Deep fried onions: ½ cup
- Salt: to taste
- Fresh mint leaves: 20-25
- White pepper powder: ½ tsp
- Green cardamom powder: ½ tsp
- Garam masala powder: 1 tsp
- Juice of 1 lemon

For the filling
- Amul cheese: 100gm
- Mawa: 40gm
- Raisins: 20gm

METHOD
- Clean the Spinach, remove the hard stems, and wash in running water, drain, cool, squeeze out the excess moisture and grind into a smooth paste. Heat 2 tbsps. oil in a nonstick kadai. Add ginger, garlic, Cashewnuts, Chironji, green chilies, caraway seeds and sauté till fragrant. Add roasted chana dal powder and Khoya and sauté for 2 minutes. Add deep-fried onions, spinach, salt, fresh mint leaves, white pepper powder, green cardamom powder, and Garam masala powder and lemon juice and mix well. Divide the mixture into equal portions and shape them into tikkis. Place the tikkis in a griller, drizzle some oil. Cook, turning sides, till the tikkis are golden and crisp. Transfer into a serving plate and serve hot with chutney.

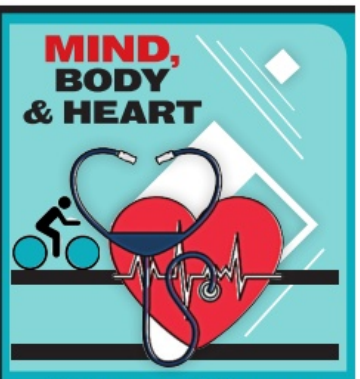
GOOL MIRCH SEEKH KEBABS

INGREDIENTS
- mutton keema: 250 Gram
- Gool Mirch: 2tsp
- ginger-garlic paste: 2 tsp
- onion paste: 1 tsp
- red chili powder: 1 tsp
- coriander powder: 1 tsp
- cumin powder: 1 tsp
- pepper, powdered: 3/4 tsp
- dried mango powder: 1 tsp
- saunth (dry ginger powder): 1/4 tsp
- oil: 2 tsp
- cashew paste: 1 1/2 tbsp
- cream: 1 ½ tbsp
- Salt: to taste
- coriander leaves: for garnishing

METHOD
- In a bowl, mix together the mutton mince and the chicken mince. Mix them with your hands. Add ginger-garlic paste to it along with onion paste, red chilli powder, coriander powder, cumin powder, powdered pepper, dried mango powder, saunth, oil, cashew paste and cream. Mix well. Add salt to taste. Mix. Cover and keep in the fridge for 1 hour. Skewer the kebabs onto oiled skewers and grill or roast till the outside is nicely browned. Baste frequently with oil while grilling. Once the kebabs are cooked, remove to a serving platter and garnish with onion rings, fresh coriander leaves and lemon wedges.

Prep Time: 2 hrs **Cooking Time:** 12 mins **Serves** 2

Recipes by Chef Haji Mohd Arshad Qureshi, Head Chef, Spice Terrace



All problems solved

Dear Coleen

I'm a married woman aged 41 and for the past few months I've been having an affair with a guy I met on a work course. He's eight years younger and single, plus very handsome and sexy.
I thought he was just looking for some fun, but it turns out he really likes me and wants me to leave my marriage and be with him. This was a shock because that's not why I got into the affair.
I'm sick of my husband, who's difficult, moody and entitled, but we have two children and we both agreed we'd keep the marriage going until the kids were old enough to leave home. Although I like this guy I'm seeing and it's an escape from the misery of life at home, I don't think it's realistic to leave my husband and break up our family for him. What do I do?

COLEEN SAYS

It sounds as if this is an arrangement that might suit your husband more than it suits you. I think you want to be free to live your life and be happy again, but perhaps you feel trapped by feelings of guilt around the kids.
A friend of mine had a similar arrangement with her husband, who told her he didn't love her any more, but he agreed to stay until their kids left school.
She hoped that five years down the line he'd forget about it, but the day the kids left school, he left too, and at that point it was very hard for her to pick up her life.
There's no right time to leave and I don't think it matters a great deal how old the kids are. Kids aren't stupid – if there's no connection between you and your husband, they'll pick up on that and it won't make them happy to see you unhappy.
As for the other guy, I think he's your escape from unhappiness at home. I'm not sure you'll end up with him, but he's shown you there is a way out and you can move on.

—Coleen Nolan, Daily Mirror